

Troop 1 Sherborn – Sabattis Packing List

Sabattis Camping Clothing and Gear List (see page 3 for Trek participants)

The following list of clothing and equipment is designed for a week of camp. We will hope for good weather and plan for wet weather just in case. Because the camp is located in a remote area and we'll be taking an overnight canoe camping trip, we want Scouts to bring clothing and gear for backpacking. We recommend Scouts bring some synthetic clothing since it dries easier and stays clean longer.

Links to REI and Target are included to give you some clothing and gear ideas. The Troop has a few youth-size backpacks available that younger scouts may borrow and we can also look at conducting a Troop gear swap.

Remember: plan for rain and cool evenings.

Clothing (be sure to label all items with Scout's full name)

- Running shoes or sneakers (fast drying) – for wearing around camp
 - Crocs / flip flops / water activity shoes – for wearing to waterfront or showerhouse
 - Waterproof hiking boots– broken in before the trip. You must be able to keep feet dry, and may want to wear these a lot.
 - 3 pairs of hiking socks (wool or polypro)
 - 7 pair socks
 - 7 underwear
 - 2-3 T-shirts ([synthetic preferable](#))
 - 2 Long sleeve synthetic or cotton shirts
 - 2 Cotton t-shirts for sleeping (optional)
 - 2 swimsuits – and towels where you can easily reach them upon arrival (swim test will happen before you've even had a chance to unpack).
 - [Rain Jacket](#) and [Rain Pants](#) (Coated nylon with ventilation or Gore Tex), or
 - [Rain Poncho](#) (alternative if you don't have rain jacket and pants)
 - 1 Sweatshirt or synthetic [pile jacket](#)
 - 1 Sweatpants ([synthetic preferable](#))
 - 3 or 4 shorts
 - 2 pairs pants - [synthetic](#) or sturdy
 - Warm pajamas (sweatpants / t-shirts)
 - 1 Warm hat (if weather for the week looks cool)
 - Boy Scout uniform (class A)
- Optional:
- Baseball or synthetic hat
 - Bandanna or handkerchief
 - Swim goggles – for the mile swim

Troop 1 Sherborn – Sabattis Packing List

Gear

- Backpack (external or internal frame with hip belt) – to pack in, and use on canoe trip
- Daypack – for day hikes
- Duffel bag – to pack everything else in, if needed
- Summer sleeping bag (or 3 season) – rolled, tied & sealed in heavy plastic bag, attached securely to backpack or put in your duffel
- Pack cover (or heavy-duty trash bag – essential for canoe camping trip)
- Ground cloth – to put under your tent while on the trail
- [Foam sleeping pad](#) - for use on the trail
- [Headlamp](#) flashlight and new alkaline batteries
- 1 large water bottle (Nalgene/Lexon/Stainless Steel or equivalent) / canteen
- Toiletries (toothbrush, toothpaste, hand sanitizer, lip balm, unscented soap and shampoo)
- Sunglasses
- Sunscreen
- Tissue packs
- Cord or twine for clothesline
- [Mess Kit](#) (Plate/bowl/cup/utensils) – you will use these for every meal. Don't forget!
- Optional: [Pillow](#) , Fleece Blanket or [sleeping bag liner](#)
 - Camera
 - Compass
- [Mosquito netting – get the “double” size](#)
- Insect repellent (non aerosol)
- 2 Towels and washcloth
- Small pocket knife
- Scout Handbook; Merit badge books, merit badge paperwork
- Stamped, pre-addressed envelopes – in zip close bag, keeps dry and together
- Pen, pencil and paper
- 3 or 4 heavy-duty trash bags – for laundry bag, and to keep equipment dry on the canoe trip
- Watch – to keep you on time
- Hanger, to hang up your scout shirt

Please mark all belongings with Scout's full name and Troop #

What Not to Bring to Camp:

- Aerosol cans of any type.....they explode in fires, can cause eye injuries
- Bows, arrows, ammunition.....camp will provide when needed
- Sheath knives.....not approved for Scout Camps
- Fireworks of any kindfire/safety hazard, illegal in Massachusetts & New York
- Illegal drugs, alcohol, or prescription drugs in improperly/unmarked containers
- Cigarette lighters, candles
- Electronics, including: Radios, CD players, Cell phones (no cell service anyway)
- T-Shirt with inappropriate messages/advertisements
- Anything of real or sentimental value

Troop 1 Sherborn – Sabbatis Packing List

Canoe Trek Participants:

Base camp gear - for first and last nights (leave these at base camp)

- ✓ Class A Boy Scout Uniform
- ✓ Towel for showers
- ✓ Extra toiletries in base camp
- ✓ Change of clothes in base camp

Trek personal gear:

- ✓ Comfortable backpack, needed for portages
- ✓ Clothing (store clothing in large Ziploc bags)
- ✓ 1 pair long pants (no cotton or denim – zip offs work great)
- ✓ 1 pair shorts
- ✓ 1 long sleeve fleece (wool ok, fleece better) no cotton sweatshirts
- ✓ 3 pairs underwear
- ✓ 1 wool or synthetic hat (warm hat)
- ✓ 2 T-shirts (Poly-cotton or synthetic preferred)
- ✓ 1 swim suit
- ✓ Hat to keep the sun off
- ✓ Sturdy rain gear (With a zipper and sleeves – no ponchos)

Footwear

- ✓ 1 pair of ankle supported boots for trail and portages – boots need to be “broken” in prior to the trek.
- ✓ 1 pair wet shoes for canoeists (canvas sneakers, aquasocks, or sandals)
- ✓ 1 pair lightweight moccasins or sneakers (for around wilderness camp)
- ✓ 3 pairs socks (light weight wool or wicking synthetic is best)

Other Gear

- ✓ 1 pair gloves for paddling and portages
- ✓ 1 eating dish (plastic or light weight metal)

Troop 1 Sherborn – Sabattis Packing List

- ✓ 1 spoon and fork
- ✓ 2 water bottles (at least 1 quart – Nalgene style)
- ✓ 1 small toilet kit—No smellables!
- ✓ ½ roll toilet tissue
- ✓ 1 small towel (dish towel or synthetic)
- ✓ 1 small wash cloth
- ✓ 50 feet of ¼” cord (parachute cord is good too— and lighter)
- ✓ Sun block (essential for canoeing)
- ✓ Pocketknife
- ✓ Matches and/or lighter
- ✓ Bug repellent
- ✓ 3 large heavy-duty garbage bags (Lawn/contractor bags are sturdiest) to cover pack
- ✓ Sleeping bag (good to a temperature of +35 degrees) in waterproof stuff sack or garbage bag
- ✓ Sleeping Pad
- ✓ 1 small flashlight or headlamp with new batteries
- ✓ Sunglasses and eyeglass strap
- ✓ Camera
- ✓ Money for the Trading Post